

Dear Friends,

We'll meet in-person at our regular 10:00am – 12:00 noon time, Mountain time, this Saturday morning, February 15. This is a drop-in group so there is no need to register in advance.

After the sitting meditation period, David Chernikoff will offer a dharma talk entitled **Meeting the Heavenly Messengers - Illness**. This will be a "part two" that builds on the introduction to the Heavenly Messengers I offered last Saturday. Each talk will be designed to stand alone so if you didn't attend the previous talk in the series, please feel free to join us. If you would like to listen to the previous talk, you'll find it at this link: <https://www.davidchernikoff.com/dharma-talks> Once on the website, scroll to the February 8th talk.

I'd like to thank those of you who made dana offerings after our previous in-person Saturday gathering. Our Saturday morning practice community is completely supported by voluntary donations (dana— from the Pali language: “generosity freely offered.”)

If you would like to help support our ongoing activities, know that donations of any size are deeply appreciated. To make a dana offering, please:

—Use the following link to donate via credit card, debit card, or a PayPal account: <http://www.davidchernikoff.com/online-sangha>.

—mail a check made out to **IMCC** to: IMCC c/o David Chernikoff, 255 Pawnee Dr., Boulder, CO 80303. **Please write** Saturday sangha **in the memo line** so your offering is used in accordance with your intentions.

IMCC is a 501c3 nonprofit organization. Donations are tax-deductible to the fullest extent of the law.

If you need additional information about the weekly Saturday morning sangha, please email me at davidchernikoff@icloud.com.

Peace and Blessings,

David

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